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Orgasms For Two: The Joy Of Partnersex



BETTY DODSON, PH.D. author of the international bestseller SEX FOR ONE



Synopsis

There are many sex manuals on the shelves of bookstores. They offer advice on being sexier, on giving him what he really wants, on making her wild with desire. Most of them are about as substantive as a filmy piece of lingerie. What is missing is a down-to-earth, realistic, honest book. Betty Dodson, Ph.D., is an international authority on sexual self-help and the author of the multimillion-copy best seller Sex for One: The Joy of Self-Loving. She has devoted three decades of her life to sexual liberation for both women and men. In Orgasms for Two: The Joy of Partnersex, Dr. Dodson debunks the myths that keep us from having satisfying - and mutually satisfying - sex lives. She shows us how to be happier and healthier through the benefits of pleasure, and she shows us how to get to know ourselves and our partners better, whether it's the inner and outer workings of the anatomy or the best sex toys to bring to bed. She writes often from her own experiences, because she feels people learn best through example, and she writes from the knowledge acquired through years of working with women and men, teaching workshops, and doing research. The knowledge gained through reading Orgasms for Two is like having a kindly, remarkably frank guide tell you all the things you've always wanted to know but never had anyone to ask. Listen to Orgasms for Two and see how rewarding it is to cast aside conventional beliefs about sexuality and begin to enjoy the best sex of your life. "Everyone has a right to keep his or her sex life private. The reason I'm willing to go public with mine is because it has been proven to me time and again that the most effective way to teach something as subjective as sexual pleasure is by using the power of example. Since the '70s, I have shared my challenges and successes in the process of exploring sexual pleasure. What is happening to me in terms of my sexuality is not an isolated incident taking place in a vacuum. The chances are good that many other people are dealing with similar issues."

Book Information

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Customer Reviews

Having followed Betty and her writing for nearly twenty years, I found this to be her most concise and mature writing to date. She is never one to shy away from difficult, controversial, or Politically Correct topics. In Orgasms for Two, Betty tackles the still difficult issues of masturbation, romantic love, relationships, and Politically Correct sexual behavior with her usual no-nonsense, practical approach. Her ideas are based on decades of actual experience, both hers and those with whom she has worked, in addition to current research in sexuality. While not an encyclopedic tour de force of human sexuality, Orgasms for Two speaks to the core issues of sexuality today. Her refusal to blindly adhere to any party line, feminist or otherwise, lends tremendous credibility to what she has to say. She is critical of the Vagina Monologues and G-Spot orgasm fads, but the criticism is thoughtful and intelligent, not vicious or dismissive. Her criticism of "romance," one of my pet peeves, is concise and clear. As usual, she makes one stop and think. (Painful, I know, but good for you, nonetheless.) The description of her relationship with a considerably younger man is an honest and important story for every woman who plans to live past thirty. Having studied Tantric, Taoist, and Sex Magick practices, I agree with her that masturbation and understanding one's own orgasmic nature are vital ingredients to becoming an independent, liberated being. If more people had happier sex lives and a stronger sexual/spiritual connection, the world would be a much better place. Betty's outrageous frankness about sex and her sex life can be very healing for anyone with pain or insecurity connected with their sexuality. I heartily recommend all of Betty's works, and if you are unfamiliar with her work, this book is a great place to start. Good job, Betty Ann.

We need more worldly, open voices like Betty Dodson to help guide the uninitiated to greater comfort in life's most intimate spheres. Reading this book is a little like sitting down with a friend and hearing everything that she thinks about sex in her saucy, opinionated and liberating banter. It's informative, instructional and plain fun. Even if you feel like you've got nothing to learn in the sexual arena, there are anecdotes and guidance about relationships, personal freedom, and pleasure that need a wider audience. That said, I wish this book had been edited more assiduously to diminish how strongly the book is centered in the partnership she had while writing it. The details about her

young lover are a little tedious -- it's admirable that they found pleasure and comfort in each other, but it's a little mawkish, a little self-righteous and not as exciting as the other stuff. If you're familiar with the Dodson & Ross Youtube videos or "Sex For One," then there is only so much NEW information you will find here - but if you're a big enough fan that you've pursued and enjoyed her other work, then "Partnersex" is a must-have.

What a great book!. It had been so long since I'd written it that I wanted to read it again. Even better than I remembered. A better title would have been Sex for Two.

Sure this could be helpful to the right person...I don't seem to be her! I think it's my age and my physical condition...also my husbands body part and performance...oh well! I still think it's a great book for the right person!

In today's America, sexual pleasure that takes any form besides the accepted heterosexual-monogamous/religious model is mercilessly persecuted. I read the review posted on Dec 26th by the person in Sausalito bashing Betty. I got an excited glow in my heart and knew I'd found the right book! I bought it instantly! While reading it I found myself cheering out loud over and over again, "You go girl, say it like it is!"After reading this book I can testify that Betty does not consider monogamous heterosexuality to be an "invalid life choice", but rather there are real breakdowns within the model (that never gets any press until now) and there are other sexual lifestyles that are just as valid. She has nothing to be bitter about! She's just got the truth that's hard to take. I saw V-Day in Madison Square Garden and read the book. And if the V-Girls can't handle criticism, then get out da' kitchen!Orgasms For Two is both socio-sexual commentary and Betty's guide to creating sexual pleasure. And what she taught me has revolutionized the sex with my boyfriend. Before, we were resigned to never having orgasms during intercourse. Not anymore!Nuff' said! We love you, Betty! Peace! --Claire

Wonderful book. Breakthrough if the risks can be taken.

Interesting

So this book is summed up as: masturbate and a woman's clit is responsible for orgasm. Nothing too profound. I kept reading because I thought I might learn something useful. I was disappointed.

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